## September 2018 Lamen Mena

Mo <mark>n</mark>	T <mark>ue</mark>	Wed	Thu	Fri
3 LABOR DAY CENTER CLOSED!!  10 S: Oatmeal L: Baked Ziti, Veggie, Fruit	S: Yogurt L: Pierogies, Veggie, Fruit S: Apple Straws  11 S: Cereal L: Tuna Casserole,	5 S:String Cheese & Crackers L: Pizza, Veggie, Fruit S: Applesauce  12 S: Applesauce L: Pizza, Fruit, Veggies	6 S: Cinnamon Toast L: Mac & Cheese, Veggie, Fruit S: Club Crackers & Sliced  13 S: Apple Straws L: Chicken Nuggets,	7 S: Yogurt L: Beef Noodle Casserole, Veggie, Fruit S: Apple Straws  14 S: Fruit Bars L: Grilled Cheese, Veggie,
S: Graham Crackers	Veggies, Fruit S: Teddy Grahams	S: Club Crackers	Mashed Potatoes, Fruit S: Mac & Cheese Puffs	Fruit S: Veggie Straws
17 S: Cinnamon Applesauce L: Scalloped Potatoes w/Ham, Veggie, Fruit S: Cheese Crackers	18 S: Cereal L: French Toast, Tater Tots, Fruit S: String Cheese & Ritz	19 S: Banana Roll-Ups L: Pizza, Veggie, Fruit S: Animal Crackers	20 S: Cereal L: Tuna Salad, Veggie, Fruit S: Graham Crackers	21 S: Oatmeal L: Spaghetti &Meatballs Fruit, Veggie Sticks S: Ritz Crackers
24 S: Pancakes L: Chicken Patties w/ French Fries, Fruit S: Mac & Cheese Puffs	25 S: String Cheese & Clubs L: Shepherds Pie, Veggie, Fruit S: Teddy Grahams	26 S: French Toast L: Pizza, Veggie, Fruit S: Cinnamon Applesauce	27 S: Fruit L: Ravioli, Veggie, Fruit S: Veggie Straws	28 S: Waffles L: Bologna Sandwich, Veggie, Fruit S: Rice Cakes
			75	